



The Skin Center

at Benton Integrative Medicine

421 South Amity, Charlotte, NC 28211 | T 980-207-0575 F 980-207-0757

Derma Filler Injections Protocol

Pre-Treatment

4 Weeks Prior To Your Appointment

No Vaccines (ex. Flu, Shingles, COVID, Pneumonia)

2 Weeks Prior To Your Appointment

No Dental Work (even cleaning) to avoid possible granuloma “hard knots”

1 Week Prior To Your Appointment

Avoid Advil, Ibuprofen, Aspirin (NSAIDS and blood thinners to reduce bruising)

1 Day Prior To Your Appointment

- Avoid alcoholic beverages (especially wine)
- No workouts (this increases possible bruising due to vasodilation)
- No makeup

Post Treatment

- No vaccines or dental work 2-4 weeks after treatment
- No make up for 24 hours after treatment
- No workout for 24 hours after treatment

If you have any questions, please call (980)207-0575.
Thank you for entrusting us with your aesthetic needs.